



ROYAL SCHOOLS QUEENS PRIVATE

Newsletter

WORD FROM THE EXECUTIVE PRINCIPAL

Dear Parents or Guardians,

I hope this message finds you well.

As we enter the month of May, I would like to take this opportunity to share with you the exciting events and activities that are happening in our school.

- ❖ Exam starts - **29th May 2023**
- ❖ Term2: **11 April 2023 - 23 June 2023**
- ❖ Open Day - **27 May 2023**

As we move forward, we want to remind you that your child's education is an ongoing process of learning, growing, and evolving. We encourage you to keep the lines of communication open with your child's teachers and be actively involved in their education.

We believe that with the right support and guidance, every child has the potential to achieve greatness.

Thank you for your continual support.

Kind regards, E.Saaiman
Executive Principal.

Weekly activities

- Monday: Sports (Primary School) 14:15-14:45
- Tuesday: Intervention 14:15-14:45
- Wednesday: Sports (High School) 14:15-15:30
- Thursday: Intervention 14:15-14:45
- Friday: Detention

Important dates and events:

Exams start on **29 May 2023**, study hard and good luck!

Open day will be held on **27th May 2023**.

[Please see the D6 Connect App for the detailed calendar.](#)

BANKING DETAILS

Bank: ABSA
Branch code: 632 005
Account name: Royal Deal Operations
Account number: 4075221499
Your Reference: Learner Name, Surname and Grade

UNIFORM

UNIFORM AVAILABLE FROM:

Royal Schools Pretoria Uniform Shop
Address: 310 WF Nkomo street, Pretoria –West
Open hours: Monday – Thursday 7h30 – 15h00
Friday - 7h30- 14h00
Weekends – 1st and last Saturday of the month.

For enquiries, please use the below means of communication:

- Cell, Whatsapp and SMS: 066 398 6817 / 012 327 6719/4
- Email: ptauniform@royalschools.co.za

Contact us

EXECUTIVE PRINCIPAL: esaaiman@royalschools.co.za

FINANCE DEPARTMENT: debtors@royalschools.co.za

☎ 012 327 6714

🔍 www.royalschools.co.za

✉ info@royalschools.co.za

310 WF Nkomo Street, Pretoria West

SCHOOL TERMS AND TIMES

GDE terms – 4 terms a year

Primary School

Gr RR – 3 07:30-13:30

Gr 4 – 6 07:30-13:45

High school

Grade 7 -11 07:30-14:15

Grade 12 07:30 –14:15 (Mon)

Grade 12 07:30- 15:30 (Tues-
Thurs)

Friday's school closes at 13:00

Remember

TO DOWNLOAD THE D6
CONNECT



We will update you on
important school info daily!

More Royal Schools news!

Learner of the month-Primary School

Congratulations to the following learners for being the learner of the month for April!

Grade R – Bohlale Simelane

Grade 1A- Itumeleng Papo

1B – Nhluvuko Hlungwane

Grade 2A – Koketso Sekwane

2B – Samukelisiwe Ndlovu

Grade 3A – Onthatile Motloa

3B – Makhadzi Rembuluwani

Grade 4A – Tshinanne Mbubana

4B – Emihle Matshiane

Grade 5A – Nsimeko Chauke

5B -Simphiwe Mayaba

Grade 6A – Ronewa Khaphathe

6B- Lethabo Monamoli



Learner of the month High School

Congratulations to the following learners for being the learner of the month for April!

Grade 7A- Rethabile Matholong

7B- Sabrina Mhari

Grade 8A - Thekgo Morare

8B- Rametsi Boipelo

Grade 9A- Tumisho Buthane

9B- Phathusedzo Mbedzi

Grade 10A- Sechaba Kulehile

10 B Hlengiwe Msani

Grade 11A- Angel Ratshivhombela

11B- Gerry Keche

Grade 12A- Sinovuyo Matinise

12B-Mbali Mathonsi



More Royal Schools news!

Parent's day

The first parent's day for the academic year was a great success. We look forward to many more successful parent's days to come.

PARENTS DAY



#REPORTS_DAY
#ASSISTING_WITH_
GOOGLE CLASSROOM
&
D6 CONNECT



#REPORTS_DAY
#ASSISTING_WITH_
GOOGLE CLASSROOM
&
D6 CONNECT

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PARENTS DAY

Extra murals- Robotics

The learners had a chance to show their initiative and knowledge during robotics lessons after school.



EXTRA MURAL ACTIVITIES

- | | |
|-------------------------|-----------------------------|
| 1. Chess | Ms Maharaj |
| 2. Choir | Ms Mafu and Ms Sibanda |
| 3. Cheerleading/Dance | Ms Yabo and Ms Yabo |
| 4. Robotics | Ms Khumalo |
| 5. Netball | Ms Mothomi and Ms Ndamase |
| 6. Soccer | Mr Gasseler and Mr Moleleki |
| 7. Debate | Ms Muchenje |
| 8. Crochet and knitting | Ms Lemmer |
| 9. Art | Ms Steyn and Ms Lemmer |
| 10. Drama | Ms Zakhona |



More Royal Schools news!

Top 5 learners: High school

Congratulations to the top 5 learners for term 1.



Grade 7

- 1: Didintle Masenya
- 2: Siyanda Khumalo
- 3: Xiluva Hlungwani
- 4: Sabrina Mhari
- 5: Leaba Mphuthi



Grade 10

- 1: Bokamoso Kgoelenya
- 2: Amogelang Sebothoma
- 3: Hlengiwe Msani
- 4: Frank Magidi
- 5: Sebacha Kulehile



Grade 8

- 1: Junior Manoheng
- 2: Funokuhle Mtsweni
- 3: Kgosi Mkhondwane
- 4: Jessica Pitso
- 5: Panashe Makurumidze



Grade 11

- 1: Tshegofatso Buthane
- 2: Mapula Mphalo
- 3: Gary Keche
- 4: Vurhonga Sibiya
- 5: Portia Mampane



Grade 9

- 1: Meaghan Plaatjies
- 2: Tumisho Buthane
- 3: Kamvaletu Mapitiza
- 4: Charisma Nombewu
- 5: Onkarabile Mosito

Grade 12

- 1: Thato Mohlabe
- 2: Nkateko Mabunda
- 3: Lebogang Malobola
- 4: Owami Ndlovu
- 5: Sinvuyo Matinise

More Royal Schools news!

Maths Olympiad round 1 winners

Well done to the Olympians who won the first round of the Maths Olympiad!



Kamogelo Mkhondwane- Gr. 8

Meaghan Plaatjies- Gr. 9

Onthatile Moremi- Gr. 9

Tumisho Buthane- Gr. 9

Portia Mampane- Gr. 11

Tshegofatso Buthane- Gr. 11

Dates to remember:

- ❖ Commerce Olympiad: 10 May 2023
- ❖ Maths Olympiad Round 2: 11 May 2023
14:00-16:00
- ❖ Conquesta: Closing date Extended to 01 June 2023
- ❖ Mid-Year Exams: 29 May 2023 – 22 June 2023

Social Media dangers

The biggest reason for the use of social media under teens are the hunt for fame. The result being that social media gets (mis)used at a too young age:

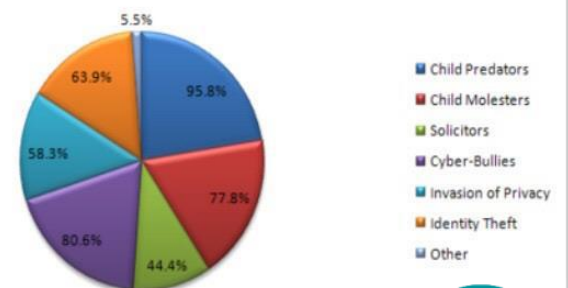
- Danger #1: Sharing too much (photos, locations, information)
- Danger #2: Thinking private means safe
- Danger #3: "Connecting with a predator"
- Danger #4: Cyber bullying
- Danger #5: Challenges like the new TikTok Challenge that can cause serious injury or death
- Danger #6: Social media is an addiction

There are three questions for teenagers to answer before posting something on social media:

- 1.Would you be comfortable with a future boss or the Principal of your school seeing it?
- 2.Are you okay with your grandmother seeing this?
- 3.Can someone that doesn't like you use it against you?

"Everything you do online, could potentially be seen by everyone you know. All you do online is stored to the cloud that can be retrieved at any given time."

What is The Biggest Threat to Children Under 18 Who Use Social Media? N=72



More Royal Schools news!

Addiction and it's risks

The following personality traits can play a role in developing addiction:

Although there is no one set addictive personality type, researchers who study the causes of addiction have found a number of traits that are closely linked to an increased risk of drug or alcohol abuse.

People with this higher addiction risk include those who are:

- **The Adventurous, Risk-Taking Trait:** Individuals who like to take risks and who have little impulse control around experimenting and playing with new experiences and dangerous activities are more likely to try drugs (Maté, 2011).
- **The Disconnected, Cautious Trait:** Addiction can also occur in cautious persons who struggle with social interactions and at the same time experience depression, anxiety or both (Hari, 2015).
- **The Obsessive, Compulsive Trait -** Addiction sometimes has to do with a lack of impulse control, but this is not exclusively the inability to resist impulses. In fact, people who are too rigid with managing their impulses may also end up using substances as a manifestation of an obsessive-compulsive behavior pattern. In actuality, addiction frequently develops into a need to take the substance as a result of a habit that has developed over time as opposed to a single impulse to try something new (Hari, 2015).
- **Being unable to self-regulate:** The individual has an inability to regulate behaviors, thoughts, and feelings that might otherwise enable an ability to moderate use of alcohol or other substances (Maté, 2011).
- **Impulsivity:** Impulsive people are often viewed as fun to be around due to their spontaneous nature, but this personality trait has a serious dark side. Impulsive people frequently make decisions without giving the decision's possible risks a second thought. They will act in accordance with whatever course of action seems like a good idea at the time, which can often place them in risky circumstances involving alcohol and illegal substances (Hari, 2015).
- **Nonconformity:** People who are seeking addiction treatment often describe themselves as nonconformists. Because of their interests, values, and goals, they see themselves as fundamentally different from their peers. This lack of perceived support from friends and/or family can increase the desire to turn to drugs and alcohol when faced with challenging situations (Maté, 2011).

• **Anxiety:** Anxious people may be troubled by thoughts about interpersonal connections, social acceptance, and handling ordinary events. They can suffer from physical complaints such as insomnia, panic attacks, stomach problems, dizziness, shortness of breath, and muscle tension that make it hard to focus on their daily activities. They could turn to drugs and alcohol to quiet the incessant chatter of their minds (Hari, 2015).

• **Low Tolerance for Stress:** Stress is a natural part of life. However, some people find it significantly more difficult to handle stressful situations, such as an argument with a romantic partner, a high stakes project at work, or an unexpected health crisis. People may turn to drugs and alcohol for short-term relief if they don't learn how to create healthy coping mechanisms to handle their stress (Maté, 2011).

• **Sensation Seeking:** Sensation seeking refers to the desire to constantly seek out new experiences when placed in situations without a lot of sensory input. Everyone engages in sensation seeking behavior to some extent, but people who report high rates of this activity are most prone to addiction. Sensation seekers are risk takers who enjoy pursuits such as engaging in adventurous sports, attending loud concerts or parties, and travelling to meet new people. They are also more likely to drive recklessly and prefer having multiple sexual partners over stable relationships (Maté, 2011).

• **Blame Shifting:** Blame shifting refers to finding it difficult to take responsibility for your own mistakes. Substance abusers tend to exhibit this personality trait in higher than average numbers, often arguing that their drug or alcohol use isn't a big deal or that they could quit using if they really wanted to (Maté, 2011). **For more information on the cause of addiction:**

<https://www.quintonmundell.com/post/cause-of-addiction>

Kind Regards,
Quinton Mundell
School Counsellor

